

# Lesson Plan

The following lesson outline is intended to accompany a media presentation which is not included on this CD Rom. The guidelines are useful for teachers and teacher trainers who will work with youth age 6-9. It is important for teachers to address the HIV/AIDS prevention at the earliest possible time, in particularly before a child begins to experiment with sexual activity.

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## Details about "HIV & AIDS: What Kids Want to Know" (6-9 year old)

[Ann Wilder](#) and Dick Schoech developed the programs at the University of Texas at Arlington School of Social Work. For additional information contact [Dick Schoech](#), Professor, U. of Texas at Arlington, School of Social Work, Box 19129, Arlington, TX 76019-0129 phone: 817/272-3964 FAX: 817/272-2046, Support was provided by an AT&T Scholars Grant and the Levi Strauss Foundation.

Request information or a copy by emailing Dick Schoech at [schoech@uta.edu](mailto:schoech@uta.edu) [Description of the 6-9 year old program](#)

The 6-9 year old program titled "HIV and AIDS: What Kids Want to Know" presents a very elementary approach to exploring HIV and its nature. A jungle setting and theme were used for the 6-9 year old program based on the suggestions of the kids. The program focuses on basic health and hygiene in addition to the more concrete aspects of disease prevention, such as, hand washing and how to help with a nosebleed. This program could be used with mentally challenged populations, such as the mentally retarded or the severely mentally ill, whose functioning would be at a 6-9 developmental age.

### Overview of the 6-9 year old program

"HIV & AIDS: What Kids Want to Know" contains the following content.

- Opening page--HIV and AIDS--what kids want to know.
- You are special!
- What does it mean to be special: (1) you are unique (2) there is no one else like you in the world, and (3) you have your own appearance, abilities, and talents.
- Part of being special means learning to be responsible and being responsible is hard work. Being responsible mean making good choices and doing what you say you can do.
- You can make good choices to keep your body healthy: (1) you can eat good foods, (2) you can keep yourself clean, and (3) you can exercise, run, and play.

- What is a virus? A virus is a germ that you get from someone else. It gets in your body and it makes you sick.
- What is HIV: (1) a different kind of virus, (2) it's not like measles, chickenpox, cold or the flu, (3) HIV doesn't go away like other viruses, and (4) HIV is harder to get.
- Right now there is no cure for HIV, but doctors are working hard to find one.
- HIV causes the very serious illness called AIDS. If a person gets HIV they can get very sick and die.
- How can I keep from getting HIV: (1) needles are not for touching--if you find a needle on the ground go tell an adult instead, (2) using drugs is not good for your body, and (3) playing with needles is dangerous.
- What can I do if I find a needle on the ground? (1) If you find a needle on the ground, go tell a teacher or an adult, (2) needles are not for touching.
- What can I do if I'm with someone who gets hurt and starts to bleed? (1) It's okay to help someone but don't touch their blood.
- What can I do every day to stay healthy? (1) cover your mouth when you cough or sneeze, (2) wash your hands.
- Can I be a friend with someone who has HIV? A person who has HIV needs friends just like you. You can be nice and care about them even if they do have HIV.

### **Purpose of the 6-9 year old program**

To use interactive multimedia technology to prevent HIV/AIDS in youth ages' 6-9

### **Goals and Objectives of the program of the 6-9 year old program**

#### **Goal 1: To increase children's (ages' 6-9) awareness of health through instruction of wellness concepts**

**Learning objective #1:** After experiencing the program, children will be aware that each person's body is special.

**Learning objective #2:** After experiencing the program, children will be aware of the need to show more compassion for those affected by HIV/AIDS.

#### **Goal 2: To increase children's (ages' 6-9) awareness and understanding of HIV/AIDS through instruction of disease concepts.**

**Learning objective #1:** After experiencing the program, children will be aware of what a virus is.

**Learning objective #2:** After experiencing the program, children will be aware that HIV/AIDS is caused by a virus.

**Learning objective #3:** After experiencing the program, children will be aware that HIV/AIDS is a communicable disease.

**Learning objective #4:** After experiencing the program, children will be aware of how HIV/AIDS is different from other viruses (e.g., lives in blood and how transmitted).

**Learning objective #5:** After experiencing the program, children will be aware that HIV/AIDS is transmitted through blood.

**Learning objective #6:** After experiencing the program, children will be aware that HIV/AIDS is a very serious illness.

**Learning objective #7:** After experiencing the program, children will be aware that HIV/AIDS can be prevented in children like other diseases.

**Goal 3: To increase children's (ages' 6-9) awareness and understanding of HIV/AIDS prevention through personal decision making.**

**Learning objective #1:** After experiencing the program, children will be aware that each person is responsible for the decisions they make about their body.

**Learning objective #2:** After experiencing the program, children will be aware that decisions that they make about their body can affect other people.

**Evaluation of the 6-9 year old program**

The program was reviewed by kids of the Kids Club of Dallas; however, a formal evaluation has not yet been completed. Resources to evaluate the program are currently being sought.

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